Fresh Vegetable Slaw

Prep : 15 minutes / Cook : 40 minutes

You can make this salad with coarsely grated celery-root instead of carrots.

INGREDIENTS

- 1 julienne red pepper
- 1 julienne green pepper
- 2 coarsely grated carrots or
- 1 small celery-root
- ¼ lb (125 g)thinly sliced mushrooms
- 1 cup (250ml) blanched snow peas and
- 2 cups (750ml) broccoli florets.
- 3 tbsp (45 ml) freslhy squeezed lemon juice
- 4 minced garlic cloves
- 2 tbsp (30 ml)granulated sugar
- 3 tsp (10 ml) dry mustard and
- ¼ tsp (2 ml) each cayenne and salt

PREPARATION

1. Mix 1/2 shredded red cabbage with the 7th first ingredients
2. Whisk ½ cup (125 ml) vegetable oil with the 5th last ingredients
3. Toss with vegetables.

Serves 6 to 8.

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